



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

WITZEL, Sandro

Club: Wolfsberg
Number: 189

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 53:38

Speed: 10.07 km/h
Running performance: 5:46 min/km

Rank in course/Total: 156 (of 277)

Rank in course/Men: 130 (of 188)

Best time in course: 33:12

Rank in category: 20(of 22)

Best time in the category: 38:13