



15. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Helmut, Zausch

Club: LSG Goseck  
Number: 282

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M65 (65-69 Jahre)

Total time: 54:43

Speed: 9.87 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 171 (of 277)

Rank in course/Men: 138 (of 188)

Best time in course: 33:12

Rank in category: 6(of 10)

Best time in the category: 42:26