



15. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

LÄMMER, Annika

Club: Geraberg  
Number: 99

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 56:56

Speed: 9.48 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 197 (of 277)

Rank in course/Women: 46 (of 89)

Best time in course: 40:59

Rank in category: 10(of 11)

Best time in the category: 47:08