



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

ENDERS, Holger

Club: Erfurt
Number: 41

Course: 9.30 km
Kurze Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:01:24

Speed: 8.79 km/h
Running performance: 6:36 min/km

Rank in course/Total: 234 (of 277)

Rank in course/Men: 170 (of 188)

Best time in course: 33:12

Rank in category: 25(of 27)

Best time in the category: 37:54