



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

DUDEK, Harald

Club: Arnstadt
Number: 35

Course: 9.30 km
Kurze Strecke

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:04:42

Speed: 8.62 km/h
Running performance: 6:58 min/km

Rank in course/Total: 247 (of 277)

Rank in course/Men: 176 (of 188)

Best time in course: 33:12

Rank in category: 1(of 3)

Best time in the category: 1:04:42