



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Lindemann, Uwe

Club: Neuhaus
Number: 284

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:05:09

Speed: 8.56 km/h
Running performance: 7:01 min/km

Rank in course/Total: 249 (of 277)

Rank in course/Men: 178 (of 188)

Best time in course: 33:12

Rank in category: 11(of 13)

Best time in the category: 37:33