



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

SCHUMANN, Peter

Club: Rennsteiglaufverein/LG Süd
Number: 442

Course: 18.50 km
Lange Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:09:17

Speed: 16.02 km/h
Running performance: 3:45 min/km

Rank in course/Total: 3 (of 144)

Rank in course/Men: 3 (of 118)

Best time in course: 1:06:50

Rank in category: 1(of 13)

Best time in the category: 1:09:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	33:56	3:38	1	-	3	0:57	9.30	33:56	3:38	1	-	3	0:57
Runde	9.00	34:43	3:51	1	-	3	1:29	18.30	1:08:39	3:45	1	-	3	2:26
Finish	0.20	0:38	3:09	2	0:01	5	0:03	18.50	1:09:17	3:44	1	-	3	2:27