



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

SCHWANENGEL, Christian

Club: TechnoTeam

Number: 157

Course: 9.30 km

Kurze Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 40:57

Speed: 13.63 km/h

Running performance: 4:24 min/km

Rank in course/Total: 26 (of 277)

Rank in course/Men: 26 (of 188)

Best time in course: 33:12

Rank in category: 5(of 16)

Best time in the category: 34:40