



15. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

**KRAUSE, Heiko**

Club: LG Frauenwald  
Number: 612

Course: 9.30 km  
Nordic Walking

Category:  
Nordic Walking Männer

Total time: 1:05:50

Speed: 8.20 km/h  
Running performance: min/km

Rank in course/Total: 1 (of 30)

Rank in course/Men: 1 (of 16)

Best time in course: 1:05:50

Rank in category: 1(of 16)

Best time in the category: 1:05:50