



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

SCHERTLING, Sebastian

Club: Bienenzüchter Verein Bamberg Ost
Number: 437

Course: 18.50 km
Lange Strecke

Category:
Männer (20-29 Jahre)

Total time: 1:17:09

Speed: 14.00 km/h
Running performance: 4:10 min/km

Rank in course/Total: 12 (of 144)

Rank in course/Men: 12 (of 118)

Best time in course: 1:06:50

Rank in category: 4(of 12)

Best time in the category: 1:08:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	38:25	4:07	4	4:47	12	5:26	9.30	38:25	4:07	4	4:47	12	5:26
Runde	9.00	38:00	4:13	3	4:09	10	4:46	18.30	1:16:25	4:10	4	8:56	12	10:12
Finish	0.20	0:44	3:39	6	0:05	19	0:09	18.50	1:17:09	4:10	4	8:57	12	10:19