



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

OTTO, Matthias

Club: Fit mit Schmidt
Number: 424

Course: 18.50 km
Lange Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:19:41

Speed: 13.93 km/h
Running performance: 4:19 min/km

Rank in course/Total: 13 (of 144)

Rank in course/Men: 13 (of 118)

Best time in course: 1:06:50

Rank in category: 1(of 22)

Best time in the category: 1:19:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	39:14	4:13	1	-	13	6:15	9.30	39:14	4:13	1	-	13	6:15
Runde	9.00	39:45	4:25	1	-	15	6:31	18.30	1:18:59	4:18	1	-	13	12:46
Finish	0.20	0:42	3:29	2	0:05	12	0:07	18.50	1:19:41	4:18	1	-	13	12:51