



15. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Bahner, Berti

Club: DAV Inselsberg

Number: 495

Course: 18.50 km

Lange Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:21:08

Speed: 13.68 km/h

Running performance: 4:23 min/km

Rank in course/Total: 17 (of 144)

Rank in course/Men: 17 (of 118)

Best time in course: 1:06:50

Rank in category: 5(of 12)

Best time in the category: 1:08:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	41:07	4:25	5	7:29	21	8:08	9.30	41:07	4:25	5	7:29	21	8:08
Runde	9.00	39:22	4:22	5	5:31	14	6:08	18.30	1:20:29	4:23	5	13:00	16	14:16
Finish	0.20	0:39	3:15	1	-	6	0:04	18.50	1:21:08	4:23	5	12:56	17	14:18