



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Mausfeld, Thilo

Club: Hirschbach
Number: 485

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:24:10

Speed: 12.83 km/h
Running performance: 4:33 min/km

Rank in course/Total: 22 (of 144)

Rank in course/Men: 22 (of 118)

Best time in course: 1:06:50

Rank in category: 2(of 16)

Best time in the category: 1:10:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	41:19	4:26	2	7:04	22	8:20	9.30	41:19	4:26	2	7:04	22	8:20
Runde	9.00	42:02	4:40	3	6:23	24	8:48	18.30	1:23:21	4:33	2	13:27	22	17:08
Finish	0.20	0:49	4:04	8	0:07	44	0:14	18.50	1:24:10	4:32	2	13:34	22	17:20