



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

PETERMANN, Sebastian

Club: Kesselbrunn Runners
Number: 425

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:28:15

Speed: 12.24 km/h
Running performance: 4:46 min/km

Rank in course/Total: 40 (of 144)

Rank in course/Men: 39 (of 118)

Best time in course: 1:06:50

Rank in category: 7(of 16)

Best time in the category: 1:10:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	43:04	4:37	3	8:49	32	10:05	9.30	43:04	4:37	3	8:49	32	10:05
Runde	9.00	44:27	4:56	7	8:48	44	11:13	18.30	1:27:31	4:46	7	17:37	40	21:18
Finish	0.20	0:44	3:39	2	0:02	19	0:09	18.50	1:28:15	4:46	7	17:39	39	21:25