



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

GROSSMANN, Florian

Club: Langewiesen
Number: 381

Course: 18.50 km
Lange Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:29:44

Speed: 12.04 km/h
Running performance: 4:51 min/km

Rank in course/Total: 45 (of 144)

Rank in course/Men: 44 (of 118)

Best time in course: 1:06:50

Rank in category: 8(of 13)

Best time in the category: 1:09:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	42:18	4:32	4	8:22	27	9:19	9.30	42:18	4:32	4	8:22	27	9:19
Runde	9.00	46:34	5:10	11	11:51	61	13:20	18.30	1:28:52	4:51	8	20:13	44	22:39
Finish	0.20	0:52	4:19	9	0:15	60	0:17	18.50	1:29:44	4:51	8	20:27	44	22:54