



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Böttner, Betina

Total time: 1:31:15

Number: 463

Speed: 12.16 km/h

Running performance: 4:56 min/km

Course: 18.50 km

Rank in course/Total: 51 (of 144)

Lange Strecke

Rank in course/Women: 3 (of 26)

Best time in course: 1:25:01

Category:

Rank in category: 2(of 3)

Seniorinnen W30 (30-34 Jahre)

Best time in the category: 1:25:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	45:00	4:50	2	3:22	4	3:22	9.30	45:00	4:50	2	3:22	4	3:22
Runde	9.00	45:24	5:02	2	2:50	3	2:50	18.30	1:30:24	4:56	2	6:12	3	6:12
Finish	0.20	0:51	4:15	2	0:02	2	0:02	18.50	1:31:15	4:55	2	6:14	3	6:14