



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Wei, Michael

Club: Schmiedefeld
Number: 471

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:32:54

Speed: 11.63 km/h
Running performance: 5:01 min/km

Rank in course/Total: 60 (of 144)

Rank in course/Men: 55 (of 118)

Best time in course: 1:06:50

Rank in category: 8(of 16)

Best time in the category: 1:10:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	45:48	4:55	10	11:33	57	12:49	9.30	45:48	4:55	10	11:33	57	12:49
Runde	9.00	46:18	5:08	8	10:39	56	13:04	18.30	1:32:06	5:01	8	22:12	55	25:53
Finish	0.20	0:48	4:00	7	0:06	35	0:13	18.50	1:32:54	5:01	8	22:18	55	26:04