



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Tyss, Christian

Club: SV LAUFFEUER
 Number: 499

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M35 (35-39 Jahre)

Total time: 1:33:38

Speed: 11.53 km/h
 Running performance: 5:04 min/km

Rank in course/Total: 64 (of 144)

Rank in course/Men: 60 (of 118)

Best time in course: 1:06:50

Rank in category: 9(of 16)

Best time in the category: 1:10:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	45:05	4:50	7	10:50	48	12:06	9.30	45:05	4:50	7	10:50	48	12:06
Runde	9.00	47:42	5:18	9	12:03	72	14:28	18.30	1:32:47	5:04	9	22:53	60	26:34
Finish	0.20	0:51	4:15	9	0:09	54	0:16	18.50	1:33:38	5:03	9	23:02	60	26:48