



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Smerling, Peter

Club: Martinroda
 Number: 501

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M50 (50-54 Jahre)

Total time: 1:33:58

Speed: 11.81 km/h
 Running performance: 5:05 min/km

Rank in course/Total: 65 (of 144)

Rank in course/Men: 61 (of 118)

Best time in course: 1:06:50

Rank in category: 13(of 22)

Best time in the category: 1:19:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	46:32	5:00	13	7:18	63	13:33	9.30	46:32	5:00	13	7:18	63	13:33
Runde	9.00	46:33	5:10	14	6:48	60	13:19	18.30	1:33:05	5:05	13	14:06	61	26:52
Finish	0.20	0:53	4:24	11	0:16	64	0:18	18.50	1:33:58	5:04	13	14:17	61	27:08