



15. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

**BAUMANN, Rene**

Club: LG Frauenwald  
 Number: 353

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M40 (40-44 Jahre)

Total time: 1:34:33

Speed: 11.42 km/h  
 Running performance: 5:07 min/km

Rank in course/Total: 68 (of 144)

Rank in course/Men: 64 (of 118)

Best time in course: 1:06:50

Rank in category: 10(of 18)

Best time in the category: 1:14:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	45:34	4:53	7	8:58	53	12:35	9.30	45:34	4:53	7	8:58	53	12:35
Runde	9.00	48:03	5:20	11	10:39	73	14:49	18.30	1:33:37	5:06	10	19:37	63	27:24
Finish	0.20	0:56	4:39	13	0:21	78	0:21	18.50	1:34:33	5:06	10	19:47	64	27:43