



15. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

**Trautmann, Jonas**

Club: Gutsmuts-Rensteiglaufverein e.V.  
 Number: 459

Course: 18.50 km  
 Lange Strecke

Category:  
 männliche Jugend U20 (18-19 Jahre)

Total time: 1:36:24

Speed: 11.51 km/h  
 Running performance: 5:13 min/km

Rank in course/Total: 77 (of 144)

Rank in course/Men: 73 (of 118)

Best time in course: 1:06:50

Rank in category: 2(of 2)

Best time in the category: 1:32:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	48:02	5:09	2	3:31	77	15:03	9.30	48:02	5:09	2	3:31	77	15:03
Runde	9.00	47:30	5:16	1	-	69	14:16	18.30	1:35:32	5:13	2	3:28	73	29:19
Finish	0.20	0:52	4:19	2	0:06	60	0:17	18.50	1:36:24	5:12	2	3:34	73	29:34