



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Chronst, Armin

Club: Meininger Mountainbikeverein
 Number: 184

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M45 (45-49 Jahre)

Total time: 1:37:50

Speed: 11.35 km/h
 Running performance: 5:17 min/km

Rank in course/Total: 85 (of 144)

Rank in course/Men: 80 (of 118)

Best time in course: 1:06:50

Rank in category: 13(of 18)

Best time in the category: 1:13:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	48:01	5:09	12	12:24	76	15:02	9.30	48:01	5:09	12	12:24	76	15:02
Runde	9.00	48:55	5:26	13	11:33	78	15:41	18.30	1:36:56	5:17	13	23:57	80	30:43
Finish	0.20	0:54	4:30	10	0:11	70	0:19	18.50	1:37:50	5:17	13	24:08	80	31:00