



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Peschke, Steffen

Club: SC impuls erfurt e.V.
 Number: 465

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M50 (50-54 Jahre)

Total time: 1:40:52

Speed: 10.71 km/h
 Running performance: 5:27 min/km

Rank in course/Total: 92 (of 144)

Rank in course/Men: 86 (of 118)

Best time in course: 1:06:50

Rank in category: 16(of 22)

Best time in the category: 1:19:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	48:47	5:14	16	9:33	82	15:48	9.30	48:47	5:14	16	9:33	82	15:48
Runde	9.00	51:05	5:40	17	11:20	90	17:51	18.30	1:39:52	5:27	16	20:53	86	33:39
Finish	0.20	1:00	5:00	17	0:23	93	0:25	18.50	1:40:52	5:27	16	21:11	86	34:02