



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Weiss, Werner

Club: Großfahner
Number: 484

Course: 18.50 km
Lange Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:41:25

Speed: 10.65 km/h
Running performance: 5:29 min/km

Rank in course/Total: 94 (of 144)

Rank in course/Men: 87 (of 118)

Best time in course: 1:06:50

Rank in category: 17(of 22)

Best time in the category: 1:19:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	50:36	5:26	19	11:22	95	17:37	9.30	50:36	5:26	19	11:22	95	17:37
Runde	9.00	49:53	5:32	16	10:08	82	16:39	18.30	1:40:29	5:29	17	21:30	89	34:16
Finish	0.20	0:56	4:39	16	0:19	78	0:21	18.50	1:41:25	5:28	17	21:44	87	34:35