



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

HÄHNLEIN, Andre

Club: Gräfenhain
 Number: 384

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M40 (40-44 Jahre)

Total time: 1:41:28

Speed: 10.94 km/h
 Running performance: 5:29 min/km

Rank in course/Total: 95 (of 144)

Rank in course/Men: 88 (of 118)

Best time in course: 1:06:50

Rank in category: 15(of 18)

Best time in the category: 1:14:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	48:57	5:15	14	12:21	86	15:58	9.30	48:57	5:15	14	12:21	86	15:58
Runde	9.00	51:31	5:43	16	14:07	91	18:17	18.30	1:40:28	5:29	15	26:28	87	34:15
Finish	0.20	1:00	5:00	17	0:25	93	0:25	18.50	1:41:28	5:29	15	26:42	88	34:38