



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Vater, Georg

Club: Rennsteiglaufverein Suhl
Number: 482

Course: 18.50 km
Lange Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:43:21

Speed: 10.45 km/h
Running performance: 5:35 min/km

Rank in course/Total: 101 (of 144)

Rank in course/Men: 93 (of 118)

Best time in course: 1:06:50

Rank in category: 18(of 22)

Best time in the category: 1:19:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	48:55	5:15	17	9:41	84	15:56	9.30	48:55	5:15	17	9:41	84	15:56
Runde	9.00	53:22	5:55	19	13:37	96	20:08	18.30	1:42:17	5:35	18	23:18	93	36:04
Finish	0.20	1:04	5:19	19	0:27	105	0:29	18.50	1:43:21	5:35	18	23:40	93	36:31