



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

HILLE, Helmut

Club: Laufftreff Arnstadt Alteburg
 Number: 394

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M65 (65-69 Jahre)

Total time: 1:44:07

Speed: 10.66 km/h
 Running performance: 5:38 min/km

Rank in course/Total: 104 (of 144)

Rank in course/Men: 94 (of 118)

Best time in course: 1:06:50

Rank in category: 1(of 2)

Best time in the category: 1:44:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	49:10	5:17	1	-	88	16:11	9.30	49:10	5:17	1	-	88	16:11
Runde	9.00	53:54	5:59	1	-	98	20:40	18.30	1:43:04	5:37	1	-	94	36:51
Finish	0.20	1:03	5:15	2	0:04	101	0:28	18.50	1:44:07	5:37	1	-	94	37:17