



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

HOPF, Kristin

Club: Meininger Mountainbikeverein
 Number: 395

Course: 18.50 km
 Lange Strecke

Category:
 Seniorinnen W40 (40-44 Jahre)

Total time: 1:44:38

Speed: 10.61 km/h
 Running performance: 5:40 min/km

Rank in course/Total: 106 (of 144)

Rank in course/Women: 12 (of 26)

Best time in course: 1:25:01

Rank in category: 2(of 3)

Best time in the category: 1:37:57

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	50:56	5:28	2	2:48	10	9:18	9.30	50:56	5:28	2	2:48	10	9:18
Runde	9.00	52:42	5:51	2	3:47	12	10:08	18.30	1:43:38	5:39	2	6:35	11	19:26
Finish	0.20	1:00	5:00	3	0:06	15	0:11	18.50	1:44:38	5:39	2	6:41	12	19:37