



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

WILLING, Steven

Club: Ohrdruf
Number: 446

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:47:55

Speed: 10.29 km/h
Running performance: 5:50 min/km

Rank in course/Total: 114 (of 144)

Rank in course/Men: 100 (of 118)

Best time in course: 1:06:50

Rank in category: 13(of 16)

Best time in the category: 1:10:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	52:30	5:38	13	18:15	100	19:31	9.30	52:30	5:38	13	18:15	100	19:31
Runde	9.00	54:21	6:02	13	18:42	100	21:07	18.30	1:46:51	5:50	13	36:57	100	40:38
Finish	0.20	1:04	5:19	14	0:22	105	0:29	18.50	1:47:55	5:50	13	37:19	100	41:05