



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Radtko, Karsten

Club: Wolfsberg
 Number: 460

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M55 (55-59 Jahre)

Total time: 1:50:28

Speed: 9.78 km/h
 Running performance: 5:58 min/km

Rank in course/Total: 117 (of 144)

Rank in course/Men: 102 (of 118)

Best time in course: 1:06:50

Rank in category: 7(of 11)

Best time in the category: 1:37:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	52:26	5:38	6	5:06	99	19:27	9.30	52:26	5:38	6	5:06	99	19:27
Runde	9.00	57:00	6:19	8	9:31	108	23:46	18.30	1:49:26	5:58	7	13:06	102	43:13
Finish	0.20	1:02	5:10	7	0:14	99	0:27	18.50	1:50:28	5:58	7	13:16	102	43:38