



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

KREBS, Heribert

Club: TSV Zella-Mehlis
 Number: 406

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M65 (65-69 Jahre)

Total time: 1:50:51

Speed: 10.01 km/h
 Running performance: 5:59 min/km

Rank in course/Total: 120 (of 144)

Rank in course/Men: 105 (of 118)

Best time in course: 1:06:50

Rank in category: 2(of 2)

Best time in the category: 1:44:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	54:04	5:48	2	4:54	106	21:05	9.30	54:04	5:48	2	4:54	106	21:05
Runde	9.00	55:48	6:11	2	1:54	103	22:34	18.30	1:49:52	6:00	2	6:48	105	43:39
Finish	0.20	0:59	4:54	1	-	89	0:24	18.50	1:50:51	5:59	2	6:44	105	44:01