



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

MACHATSCHEK, Lisa

Club: Jena
 Number: 416

Course: 18.50 km
 Lange Strecke

Category:
 Frauen (20-29 Jahre)

Total time: 1:51:17
 Speed: 9.97 km/h
 Running performance: 6:01 min/km
 Rank in course/Total: 121 (of 144)
 Rank in course/Women: 16 (of 26)
 Best time in course: 1:25:01
 Rank in category: 2(of 5)
 Best time in the category: 1:36:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	51:21	5:31	2	3:45	13	9:43	9.30	51:21	5:31	2	3:45	13	9:43
Runde	9.00	58:57	6:33	3	10:49	19	16:23	18.30	1:50:18	6:01	2	14:34	16	26:06
Finish	0.20	0:59	4:54	2	0:05	13	0:10	18.50	1:51:17	6:00	2	14:39	16	26:16