



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Schmidt, Thomas

Club: Frechen
Number: 470

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:51:29

Speed: 9.96 km/h
Running performance: 6:02 min/km

Rank in course/Total: 122 (of 144)

Rank in course/Men: 106 (of 118)

Best time in course: 1:06:50

Rank in category: 14(of 16)

Best time in the category: 1:10:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	55:31	5:58	14	21:16	109	22:32	9.30	55:31	5:58	14	21:16	109	22:32
Runde	9.00	54:59	6:06	14	19:20	102	21:45	18.30	1:50:30	6:02	14	40:36	106	44:17
Finish	0.20	0:59	4:54	13	0:17	89	0:24	18.50	1:51:29	6:01	14	40:53	106	44:39