



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

SAUERBREY, Klaus

Club: LH Suhl
 Number: 433

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M60 (60-64 Jahre)

Total time: 1:51:30

Speed: 9.69 km/h
 Running performance: 6:02 min/km

Rank in course/Total: 123 (of 144)

Rank in course/Men: 107 (of 118)

Best time in course: 1:06:50

Rank in category: 2(of 2)

Best time in the category: 1:35:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	53:53	5:47	2	7:56	105	20:54	9.30	53:53	5:47	2	7:56	105	20:54
Runde	9.00	56:39	6:17	2	7:37	107	23:25	18.30	1:50:32	6:02	2	15:33	107	44:19
Finish	0.20	0:58	4:49	1	-	84	0:23	18.50	1:51:30	6:01	2	15:33	107	44:40