



15. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

WOLTER, Steffen

Club: RennsteigSpirit.Training

Number: 447

Course: 18.50 km

Lange Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:06:27

Speed: 8.78 km/h

Running performance: 6:50 min/km

Rank in course/Total: 138 (of 144)

Rank in course/Men: 117 (of 118)

Best time in course: 1:06:50

Rank in category: 22(of 22)

Best time in the category: 1:19:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	59:25	6:23	22	20:11	114	26:26	9.30	59:25	6:23	22	20:11	114	26:26
Runde	9.00	1:05:49	7:18	22	26:04	117	32:35	18.30	2:05:14	6:50	22	46:15	117	59:01
Finish	0.20	1:13	6:04	22	0:36	116	0:38	18.50	2:06:27	6:50	22	46:46	117	59:37