



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

WAGNER, Daniel

Club: PowerSisters
 Number: 445

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M35 (35-39 Jahre)

Total time: 2:15:31

Speed: 7.97 km/h
 Running performance: 7:20 min/km

Rank in course/Total: 142 (of 144)

Rank in course/Men: 118 (of 118)

Best time in course: 1:06:50

Rank in category: 16(of 16)

Best time in the category: 1:10:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	1:06:04	7:06	16	31:49	118	33:05	9.30	1:06:04	7:06	16	31:49	118	33:05
Runde	9.00	1:07:58	7:33	16	32:19	118	34:44	18.30	2:14:02	7:19	16	1:04:08	118	1:07:49
Finish	0.20	1:29	7:25	16	0:47	118	0:54	18.50	2:15:31	7:19	16	1:04:55	118	1:08:41