



15. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Hansen, Yvanne

Club: Ilmenau
 Number: 452

Course: 18.50 km
 Lange Strecke

Category:
 Seniorinnen W45 (45-49 Jahre)

Total time: 2:19:39

Speed: 7.73 km/h
 Running performance: 7:33 min/km

Rank in course/Total: 143 (of 144)

Rank in course/Women: 25 (of 26)

Best time in course: 1:25:01

Rank in category: 3(of 3)

Best time in the category: 1:43:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	1:06:20	7:07	3	15:18	25	24:42	9.30	1:06:20	7:07	3	15:18	25	24:42
Runde	9.00	1:12:06	8:00	3	20:15	25	29:32	18.30	2:18:26	7:33	3	35:33	25	54:14
Finish	0.20	1:13	6:04	3	0:21	23	0:24	18.50	2:19:39	7:32	3	35:54	25	54:38