



15. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Zelder, Sebastian

Club: Arnstadt  
Number: 224

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M35 (35-39 Jahre)

Total time: 44:02

Speed: 12.26 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 52 (of 277)

Rank in course/Men: 50 (of 188)

Best time in course: 33:12

Rank in category: 8(of 16)

Best time in the category: 34:40