



15. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Ahrndt, Bianca

Club: Frauenwald  
Number: 198

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 48:09

Speed: 11.59 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 86 (of 277)

Rank in course/Women: 8 (of 89)

Best time in course: 40:59

Rank in category: 1(of 16)

Best time in the category: 48:09