



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

STEINBORN, Henry

Club: Oehrenstock
Number: 164

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 48:13
Speed: 11.20 km/h
Running performance: 5:11 min/km
Rank in course/Total: 87 (of 277)
Rank in course/Men: 79 (of 188)
Best time in course: 33:12
Rank in category: 14(of 22)
Best time in the category: 38:13