



38. Kienberglauf  
Oehrenstock / 30.09.2018

Detailed evaluation

**Simon, Holger**

Club: Schmalkalden  
Number: 915

Course: 16.00 km  
16 km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:37:38

Speed: 9.83 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 20 (of 23)

Rank in course/Men: 17 (of 19)

Best time in course: 1:02:07

Rank in category: 6(of 6)

Best time in the category: 1:02:07