



38. Kienberglauf  
Oehrenstock / 30.09.2018

## Detailed evaluation

**Manzke, Helena Danae**

Club: LSV Lok Arnstadt  
Number: 47

Course: 2.40 km  
1 Meile

Category:  
weibliche Jugend U12 (10-11 Jahre)

Total time: 10:57

Speed: 13.15 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 8 (of 28)

Rank in course/Women: 2 (of 11)

Best time in course: 10:42

Rank in category: 1(of 3)

Best time in the category: 10:57