



38. Kienberglauf
Oehrenstock / 30.09.2018

Detailed evaluation

Weiß, Steffen

Club: WSV Ilmenau 1908 e.V.
Number: 736

Course: 11.00 km
11 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 54:48

Speed: 12.04 km/h
Running performance: 4:59 min/km

Rank in course/Total: 7 (of 33)

Rank in course/Men: 5 (of 23)

Best time in course: 45:47

Rank in category: 1(of 2)

Best time in the category: 54:48