



38. Kienberglauf
Oehrenstock / 30.09.2018

Detailed evaluation

Raschke, Henry

Club: Oehrenstock
Number: 753

Course: 11.00 km
11 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 58:24

Speed: 11.30 km/h
Running performance: 5:19 min/km

Rank in course/Total: 12 (of 33)

Rank in course/Men: 9 (of 23)

Best time in course: 45:47

Rank in category: 1(of 4)

Best time in the category: 58:24