



38. Kienberglauf  
Oehrenstock / 30.09.2018

## Detailed evaluation

**Schalk, Udo**

Club: Dream Team Ilmenau  
Number: 730

Course: 11.00 km  
11 km Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:01:23

Speed: 10.75 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 16 (of 33)

Rank in course/Men: 13 (of 23)

Best time in course: 45:47

Rank in category: 2(of 2)

Best time in the category: 54:48