



38. Kienberglauf
Oehrenstock / 30.09.2018

Detailed evaluation

Prasser, Niels

Club: SG Motor Arnstadt
Number: 729

Course: 11.00 km
11 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:05:59

Speed: 10.00 km/h
Running performance: 6:00 min/km

Rank in course/Total: 22 (of 33)

Rank in course/Men: 16 (of 23)

Best time in course: 45:47

Rank in category: 4(of 6)

Best time in the category: 54:26