



38. Kienberglauf  
Oehrenstock / 30.09.2018

## Detailed evaluation

**Heisch, Philipp**

Club: SG Adelsberg  
Number: 919

Course: 16.00 km  
16 km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:07:33

Speed: 14.21 km/h  
Running performance: 4:13 min/km

Rank in course/Total: 2 (of 23)

Rank in course/Men: 2 (of 19)

Best time in course: 1:02:07

Rank in category: 2(of 6)

Best time in the category: 1:02:07