



38. Kienberglauf  
Oehrenstock / 30.09.2018

## Detailed evaluation

Oemus, Chris

Club: Team Lauf-Rad  
Number: 914

Course: 16.00 km  
16 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:10:16

Speed: 13.66 km/h  
Running performance: 4:23 min/km

Rank in course/Total: 3 (of 23)

Rank in course/Men: 3 (of 19)

Best time in course: 1:02:07

Rank in category: 1(of 2)

Best time in the category: 1:10:16