



38. Kienberglauf
Oehrenstock / 30.09.2018

Detailed evaluation

Lambeck, Steven

Club: Rennsteiglaufverein
Number: 907

Course: 16.00 km
16 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:11:34

Speed: 13.41 km/h
Running performance: 4:28 min/km

Rank in course/Total: 4 (of 23)

Rank in course/Men: 4 (of 19)

Best time in course: 1:02:07

Rank in category: 1(of 3)

Best time in the category: 1:11:34