



38. Kienberglauf  
Oehrenstock / 30.09.2018

## Detailed evaluation

**Röder, Katja**

Club: Arnstadt  
Number: 921

Course: 16.00 km  
16 km Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:20:53

Speed: 11.87 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 7 (of 23)

Rank in course/Women: 1 (of 4)

Best time in course: 1:20:53

Rank in category: 1(of 1)

Best time in the category: 1:20:53